

PM ON HEALTH

- National Health Policy marks a historic moment in our endeavour to create a healthy India where everyone has access to quality health care.
- National Health Policy is extensive, comprehensive & citizen friendly. It covers various aspects of health and wellness.
- Apart from fitness and staying healthy, wellness is important. Yoga is a great medium to achieve wellness in life.
- Depression is not incurable. There is a need to create a psychologically conducive environment to begin with. The first mantra is the expression of depression instead of its suppression.
- Cleanliness or *Swachhta* is one of the most important aspects of preventive health care.



NATIONAL HEALTH POLICY 2017

Universal, easily accessible, affordable Primary Healthcare:

- Comprehensive primary health care package with geriatric, palliative and rehabilitative care.
- Health Card to access primary healthcare anytime, anywhere.
- Free drugs and diagnostics along with low cost pharmacy chains (Jan Aushadhi stores).
- Free health care to victims of gender violence in public and private sector.

Preventive and promotive focus with pluralistic choice:

- Creation of public health management cadre in all states to optimize health outcomes.
- Intervention from early detection of issues in childhood to prevention of chronic illness.
- Tracking behavior change, education and counseling at all levels.
- Plethora of options to choose from among Yoga and AYUSH umbrella of remedies.

Make in India for a healthy India:

- Special focus on production of Active Pharmaceutical Ingredient (API).
- Incentivizing local manufacturing to provide customized indigenous products.
- Reducing cost with indigenous medical technology and medical devices.

Fostering patient focus, quality and an assurance based approach:

- Compliance of right of patents to access information on condition and treatment.
- National Health care Standards Organization –maintaining adequate standards in public and private sector.
- Separate empowered medical tribunal for speedy resolution on disputes and complaints.
- Grading of establishments and active promotion of standard treatment guidelines.

Digital interventions for the nation's health:

- Promoting tele-consultation linking tertiary care institutions with specialists consultation.
- National Knowledge Network for Tele-education, Tele-CME, Tele-consultations and digital library.
- National Digital Health Authority to regulate, develop and deploy digital health.
- Introduction of Electronic Health Record (EHR)

System Strengthening and strategic engagements:

- Holistic approach addressing infrastructure and human resource gaps.
- Synergizing with private and not –for-profit sectors for critical gap filling.
- Better regulatory mechanisms and Quality Control.